

# WHEN YOU HELP HER YOU HELP OTHERS!

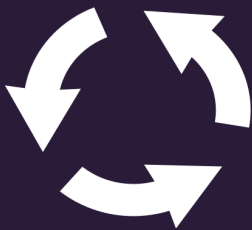


Reach out,  
empower & be part  
of the change!

## RESEARCH

Participating in Research

Improves the quality  
of our research &  
increases awareness



Helps HER attract  
prominent researchers  
and grants.

## FUNDRAISE

Raising Money for HER

100% goes to  
Education & Research



Increases  
awareness  
among health  
professionals  
and the  
mothers they  
serve.

## SHARE

Spreading the Word

Tell your story  
in your unique  
way & refer  
others to the  
HER site.



Builds  
support  
structures  
and  
information  
sharing that  
helps others  
with HG.